**Adapted Physical Education Continuum**

A Continuum of Support to Regular Physical Education

**LEVEL 1 General physical education (GPE)**

**LEVEL 2 GPE with APE consultation**

**LEVEL 3 APE direct services in GPE**

**LEVEL 4 Peer buddies program**

**LEVEL 5 Self-contained APE**

**CONTINUUM OF SERVICES**

**LEVEL 1** General physical education (GPE)

1.1 GPE teacher feels comfortable working with the student(s) with no ongoing staff support.

1.2 Student(s) with disabilities can make necessary modifications on their own.

1.3 Some common sense supports are provided (i.e., accessibility and minor adaptations to equipment or supplies).

*APE teacher may meet periodically with GPE teacher to ascertain the student’s progress and the teacher’s comfort level.*

**LEVEL 2** GPE with APE consultation

2.1 No direct assistance needed for the student.

2.2 Support personnel (i.e., paraeducators, peer tutors, volunteers) may assist student(s) with disabilities.

*Support may be made in the form of determining curriculum adjustments, activity modifications, behavior management techniques, communication skills, and/or assessing student skills. Level and amount of consultation may vary.*

**LEVEL 3** APE direct services in GPE

3.1 APE teacher instructs student.

3.2 Support personnel may assist APE teacher with instruction.

*APE teacher engages in team teaching with the GPE teacher or provides one-on-one assistance to the student. APE teacher is responsible for training the support personnel.*

**LEVEL 4** Peer Buddies Program

4.1 Students without disabilities come to classrooms of students with special needs.

4.2 Students with and without disabilities meet at a community-based recreation facility.

**LEVEL 5** Self-contained APE

5.1 APE provided by the APE teacher at the school in which the student is enrolled.

5.2 APE provided to the classroom teacher at the school in which the student is enrolled. The APE teacher provides consulting or monitoring services.

Silliman-French, Lisa, and Ron French. *Adapted Physical Education Manual of Best Practices: Administrative Guidelines & Policies*. Austin, TX: Texas Association for Health, Physical Education, Recreation & Dance, 2005., 2008. Print.