**OBSTACLE COURSES**

With a little creativity, mini obstacle courses can be created. Obstacle courses can be run as races or just for fun. You can also design courses that can be completed on a scooter. The more equipment and “obstacles” in a course, the better!

**Below are a few examples of mini obstacles courses:**

x x x x 

X Students

 Cone

 Hula Hoop in

 stand

 Box

 Direction of

 travel

 Basketball

**Description: Sprint, step through hula hoops, jump on and off box, pick up basketball, dribble back to line.**

X Students

 Cone

 Hula Hoop

 Bean Bag Pile

 Jump Rope or

 string

 Direction of

 travel

 Toss

x x x x 

**Description: Jump over the jump ropes, weave in and out of the cones, toss bean bag into the hula hoop, return to line.**